

PLAY & Emotion

A learning opportunity at Mill Bay Nature School
on Friday, October 23 from 8:30-2:00



Emotion needs to play and play needs the energy that emotion provides. It seems that these two dynamics were always meant to dance with each other, but with the loss of traditional culture, they are having greater difficulty even finding each other. This reality has serious implications for our children, our families, our schools and society at large. We have lost the cultural ties that bind emotion and play together. **Fresh understandings from the science of play reveal that for our emotional health and well-being, and for that of our children, we need to help play and emotion find each other again.**

Presented by Nikita Bhatti Avdic
a certified school psychologist in Delta, B.C.
She has been a facilitator for the Neufeld
Institute since 2015. Nikita will bring her

understanding of child development, emotional functioning, and attachment to this informative and insightful professional development day. Nikita is a skilled & dynamic presenter who helps workshop participants "see" the needs of the children in the context of the attachment-based, developmental paradigm of Dr. Gordon Neufeld.

When: October 23, 2020

Where: Mill Bay Nature School (outside)

Time: 8:30 am - 2:00 pm

Cost: \$50

Lunch included (please let us know about any food allergies)

register at millbayheadsecretary@sd79.bc.ca