



Walking Together in the warm land of the Cowichan Valley

Mill Bay Nature School

Q'shintul



Quick Note



End of November 2020

We acknowledge that for thousands of years the Malahat, Lake Cowichan, Quw'utsun, Halalt, Penelakut, Stz'uminus, & Lyackson Peoples have walked gently on the unceded territories where we now live, work, learn, and play. We seek a new relationship with the first peoples here, one based in honour and respect, and we thank them for their hospitality.

★PLAYFUL WEEKS OF DECEMBER★

Last week we had a lot of fun with Crazy Hair Week - sponsored by Leanna.

It enabled the children and adults to participate

when they remembered & **when** they wanted to - *without pressure*.

So, here's a new tradition at MBNS that has emerged from our playful children:

"The Playful Weeks of December"

Beginning tomorrow!

Week of Nov 30 - Pajama Week -



sponsored by Aria I

Week of Dec 7 - Ugly Christmas Sweater Week -



sponsored by Delilah

Week of Dec 14 - Dress like your favourite Bird



Week -

sponsored by Raven



Week of Dec 21-Jan 4 - Winter Holidays