

Walking Together in the warm land of the Cowichan Valley

# Mill Bay Nature School



We acknowledge that for thousands of years the Malahat, Lake Cowichan, Quw'utsun, Halalt, Penelakut, Stz'uminus, & Lyackson Peoples have walked gently on the unceded territories where we now live, work, learn, and play. We seek a new relationship with the first peoples here, one based in honour and respect, and we thank them for their hospitality.

# Q'shintl

## Quick Note

September 2019

# Please join us for our Terry Fox Run

Wednesday, September 25 at 1:15 pm

*as we help to complete the run Terry started  
and learn about the geography of Canada*

