



Mill Bay Nature School Weekly Newsletter

January 19-23

Mill Bay Nature School 2025/2026

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Nourish Cowichan



Did you know that ALL of our students have access to a healthy/hot lunch program? Nourish supports support over 3,000 students across 23 schools, all at no cost to the schools of SD79. Thanks to our dedicated team of over 70 volunteers, we are able to provide consistent and meaningful nourishment to the students.

Here at Mill Bay we utilize Nourish in the morning with breakfast option such as yogurt, cereal, fruit and waffles. Students know and are invited in to visit our nourish eating area in the mornings if they need breakfast or are still hungry after eating breakfast at home.

At Lunch, we serve a variety of dishes such as: shepherds pie, mac and cheese, chicken pot pie, hash brown casserole, and everyone's favourite...quesadilla's. Students can access this hot lunch between our eating times of 11:15-11:45. This is offered to ALL students including those that bring lunches each day. Teachers will monitor and communicate with students around finishing their packed lunches and if they are still hungry they can take a Nourish card down to supplement what they have already had. Nourish also supply's fresh fruit, snacks and sandwiches for packed lunches for any students that prefer that option over the hot lunch option.

For more information please check out this amazing organization to learn more about their mission:

<https://nourishcowichan.ca/>

Kindergarten Registration is next week

Kindergarten registration start next week. Here is some information you will need when you register your child:

Some documentation will be required for registration at any school. Students **without** Canadian documents and/or proof of BC residency will be redirected to the Principal of International Education located at Vancouver Island University.

Registration for school requires **proof of age** for your child, and accepted documentation is:

- Canadian Birth Certificate
- Canadian passport
- Status Card
- Permanent Residency Documents
- Canadian Citizenship Documents
- BC Care Card **WITH photo**. Registration for school also requires **proof of residency** for your family, and accepted documentation for this is:
 - Parent/Guardian Drivers License with legal address
 - Parent/Guardian Care Card with legal address
 - Utility invoice
 - Contract of Purchase and Sale
 - Rental Contract.
- Kindergarten registrations will be accepted from families living within a school's catchment area, and from families whose older child(ren) will be continuing at the school with previous out of catchment approval.
- Any family wishing to register their child out of catchment may apply to do so using an out of catchment request form available at the school, after completing their catchment school registration. *As per Administrative Procedure #301, first preference for registrations will be given to those children who reside in the school catchment.*
- Parents with questions about the full day kindergarten program should speak to their catchment school Principal about their child's needs.
- If you are unsure that your child should attend Kindergarten, please reach out to the Principal of your catchment school.
- Families from *Honeymoon Bay, Mesachie Lake and Youbou* register at **Palsson Elementary**.
- Families from *Thetis Island* register at **Chemainus Elementary Community School**.

- *French Immersion* is offered at Ecole Mt Prevost Elementary School and Ecole Cobble Hill Elementary School. *If required, a district-supervised lottery will select applicants for the available program space.*

Registration will take place at your catchment school during regular office hours the week of January 26 – 30, 2026.



PAC



Did you know that every Monday morning, Parents host Monday Muffins! Come find one of our amazing PAC volunteers and treat yourself with a delicious muffin made by Nourish.

Important Dates



January 26: Kindergarten registration opens

January 28: Grade 1's ice-skating trip to Kerry Park Arena

February 13: Pro D Day

February 16: Family Day

February 24: Grade 1 skating

February 25: 2-hour early dismissal

March 13: Last Day of School before Spring Break

March 16-27: Spring Break

March 30: First Day back after Spring Break

April 2: 1-hour early dismissal

April 13: Non-Instructional Day (School's not in session)

April 22: 2-hour early dismissal

Contact Us



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Visit our website for calendar and other happenings around the school:

<https://natureschool.sd79.bc.ca/>